Southern Ontario College of Osteopathy Lymphatic system. Osteopathic clinical assessment and treatment including the major osteopathic techniques. (Course outline) 23 hours

- 1. Anatomy and Physiology of the Lymphatic System
- 2. Organized Lymph Tissues
- 3. Primary and Secondary Lymphatic Organs
- 4. Lymph Channels
- 5. Lymph
- 6. Fluid Balance
- 7. Defense and Nutrition
- 8. Pathology and Pathophysiology
- 9. Assessment of the Lymphatic System
- 10. Principles of the treatment of the Lymphatic System
- 11. Thoracic inlet treatment techniques
- 12. Techniques for normalization of sympathetic activity
- 13. Thoracoabdominal diaphragm techniques
- 14. Pelvic diaphragm treatment techniques
- 15. Techniques for improvement of the lymphatic flow (Lymphatic pumps)
- 16. Direct pressure techniques to move lymph including Dr. Vodder's techniques

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