

Southern Ontario College of Osteopathy
Lymphatic system. Osteopathic clinical assessment and treatment including the major
osteopathic techniques.
(Course outline)
23 hours

1. Anatomy and Physiology of the Lymphatic System
2. Organized Lymph Tissues
3. Primary and Secondary Lymphatic Organs
4. Lymph Channels
5. Lymph
6. Fluid Balance
7. Defense and Nutrition
8. Pathology and Pathophysiology
9. Assessment of the Lymphatic System
10. Principles of the treatment of the Lymphatic System
11. Thoracic inlet treatment techniques
12. Techniques for normalization of sympathetic activity
13. Thoracoabdominal diaphragm techniques
14. Pelvic diaphragm treatment techniques
15. Techniques for improvement of the lymphatic flow (Lymphatic pumps)
16. Direct pressure techniques to move lymph including Dr. Vodder's techniques